



# Asthma 500 Contest

Asthma Program  
Indiana State Department of Health



Asthma is one of the most common chronic diseases found in young people and affects approximately 140,000 Hoosiers under age 18. So chances are you or someone you know has asthma. Show the Indiana State Department of Health Asthma Program what you know about asthma and be entered to win one of our great prizes!

## Prizes include:

- Autographed photo of Chip Ganassi Racing Team drivers Dan Wheldon, Scott Dixon and Reed Sorenson (retail value: \$30)
- Chip Ganassi team hat autographed by Dan Wheldon and Scott Dixon (retail value: \$30)
- Autographed Scott Dixon Hero Card (retail value: \$15)
- Autographed Dan Wheldon Hero Card (retail value: \$15)
- Indianapolis 500 qualifying day tickets (retail value: \$5 - \$10 each)
- Wal-Mart gift cards (retail value: \$25 - \$50 each)
- Indianapolis Indians tickets (retail value: \$9 each)
- Free Kid's Meals at Chili's Grill & Bar (approximate retail value: \$3.99 each)

(Prizes donated 3/14/08 – 04/30/08 are not listed, but will be distributed according to contest rules).

*Follow these three steps to be eligible to win:*

1. Complete the activity for your age group (5-7, 8-11, 12-14).
2. Complete the information below so we can reach you if you win.
3. Mail this form and the completed activity to: Trisha Dane

Indiana State Dept. of Health Asthma Program  
2 N. Meridian Street, 6B  
Indianapolis, IN 46204

Activities can be accessed at: [www.statehealth.IN.gov/programs/asthma](http://www.statehealth.IN.gov/programs/asthma). For paper copies, questions about the contest, or more information on asthma, please contact the Asthma Program at 317-233-1325. Activities focus on asthma triggers, or things that cause asthma symptoms. More information on asthma triggers can be found at our virtual town, *Breatheasyville*, at the Web site listed above.

## Participant Information:

Participant Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Parent/Guardian Name: \_\_\_\_\_

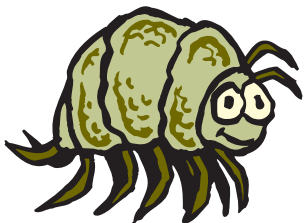
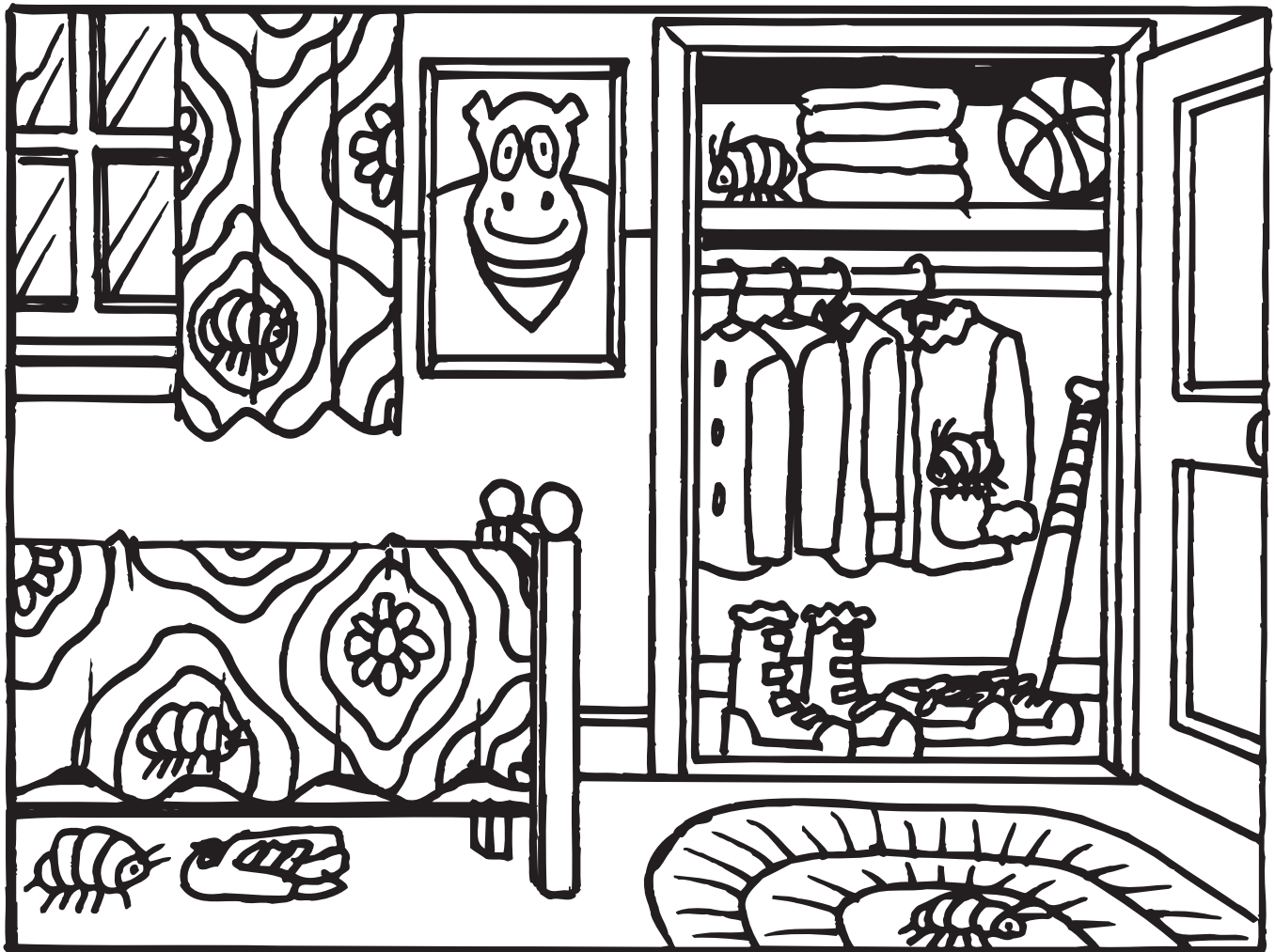
Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

☐ Please check the box if you would like to receive more information on asthma.

**Rules:** Only one entry per person will be accepted. Participants must be 5-14 years old at the time of entry to be eligible. All entries must be received by **April 30, 2008**. Winners will be randomly selected and notified on May 1, 2008. The odds of winning this contest will be based on the number of contest entries received by April 30, 2008.



Dust mites are tiny bugs you cannot see. Dust mites live in mattresses, pillows, carpets, bed covers, clothes, and stuffed animals. Cover your mattress and pillow in dust proof covers.



I am a dust mite. Find and circle the places where I live.